

# Interviews and Press Coverage of Research

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## **Interviews**

August 27, 2020

Popular Science

“Toilet training your cat isn’t as great as it sounds” Candice Wang

<https://www.popsoci.com/story/science/toilet-training-cats/>

August 20, 2020

Popsugar

“So why exactly do cats love cardboard boxes So. Freaking. Much? 2 experts explain.” Jenna Wirth

<https://www.popsugar.com.au/pets/why-do-cats-love-boxes-47710304>

August 19, 2020

Popsugar

“Letting your cat play in your leftover cardboard boxes is actually good for them — here's why.” Jenna Wirth

<https://www.popsugar.com/pets/why-do-cats-love-boxes-47704669>

August 17, 2020

New York Magazine

“Everything you need to fly with a cat, according to feline experts.” Karen Iorio Adelson

<https://nymag.com/strategist/article/everything-you-need-to-fly-with-a-cat.html>

August 15, 2020

“Kitten Lady & Friends: The Science of Cat Behavior.”

Hosted by Hannah Shaw & Royal Canin

<https://www.youtube.com/watch?v=NcXvpbcMAoo>

August 8, 2020

New York Times

“How to help your pet with post-quarantine separation anxiety.” Kaitlynn Wells

<https://www.nytimes.com/2020/08/08/smarter-living/wirecutter/pets-quarantine-separation-anxiety.html>

July 3, 2020

Financial Times

“I didn’t like cats... until the pandemic.” Horatia Harrod

<https://www.ft.com/content/ea38b3aa-92d6-4a9b-a5f1-07f386e3edc4>

June 25, 2020

Oprah Magazine

“9 signs that prove your cat loves you more than anything.” Elena Nicolaou

<https://www.oprahmag.com/life/a32884389/signs-your-cat-loves-you/>

June 16, 2020

Popsugar

“How to get your cat to stop scratching your furniture to shreds, according to experts.” Jenna Wirth

<https://www.popsugar.com/pets/how-do-i-get-my-cat-to-stop-scratching-my-furniture-47507061>

June 8, 2020

Every Little Thing Podcast

<https://gimletmedia.com/shows/every-little-thing/awhmm21/how-squirrels-track-their-nuts>

June 2, 2020

Cat/Explorer Podcast

<https://catexplorer.co/podcast-entries/ask-a-cat-behaviourist-reading-cat-body-language-managing-aggression-in-cats-and-meowing-at-the-door-with-dr-mikel-maria-delgado>

May 11, 2020

Washington Post

“Your quarantined pet may be acting odd. Here’s how to help.” Amanda Long

<https://www.washingtonpost.com/science/2020/05/11/coronavirus-pets-behavior/>

April 15, 2020

New York Times

“How to stop your child from tormenting your pet.” Alla Katsnelson

<https://www.nytimes.com/2020/04/15/parenting/kids-pets.html>

April 14, 2020

Huffington Post

“Here's how to exercise your dog or cat while limiting outside time.” Danielle Gonzalez

[https://www.huffpost.com/entry/heres-how-to-keep-your-pet-entertained-and-active-at-home\\_1\\_5e8f438bc5b6b371812d4630](https://www.huffpost.com/entry/heres-how-to-keep-your-pet-entertained-and-active-at-home_1_5e8f438bc5b6b371812d4630)

March 26, 2020

Reader’s Digest

“Do cats know their names?” Morgan Cutolo

<https://www.rd.com/article/do-cats-know-their-names/>

March 26, 2020

Reader's Digest

"Why do cats bring home dead animals?" Morgan Cutolo

<https://www.rd.com/article/why-do-cats-bring-home-dead-animals/>

March 25, 2020

Reader's Digest

"Why do cats sleep on you?" Morgan Cutolo

<https://www.rd.com/article/why-does-my-cat-sleep-on-me/>

February 25, 2020

Wired

"Will your cat eat your corpse?" Briana Flin

<https://www.wired.com/story/will-your-cat-eat-your-corpse/>

February, 2020

Reader's Digest

"Do cats know their names?" Morgan Cutolo

<https://www.rd.com/advice/pets/do-cats-know-their-names/>

January 15, 2020

UC Davis Magazine

"Cat guru." Jocelyn Anderson

<https://magazine.ucdavis.edu/cat-guru/>

January 15, 2020

Washington Post

"Compelling new evidence that your cat might eat your corpse." Karin Brulliard

<https://www.washingtonpost.com/science/2020/01/15/heres-compelling-evidence-that-your-cat-might-eat-your-corpse/>

December 19, 2019

Catster Magazine

"Top cat names: What to name your new cat." Annie Butler Shirreffs

<https://www.catster.com/lifestyle/top-cat-names-what-to-name-your-new-cat>

December 4, 2019

National Geographic

"Are you a cat whisperer? A few special people can read feline expressions." Carrie Arnold

<https://www.nationalgeographic.com.au/animals/are-you-a-cat-whisperer-a-few-special-people-can-read-feline-expressions.aspx>

November 5, 2019

Slate

“What you should do if you’re a professional football player and a cat runs on the field.” Nick Green

<https://slate.com/culture/2019/11/cat-monday-night-football-giants-cowboys-metlife-stadium-mnf.html>

October, 2019

Fear Free Pets

“What current science tells us about cat play.” Linda Lombardi

<https://fearfreepets.com/science-of-cat-play/>

September 24, 2019

New York Times

“Cats like people! (Some people, anyway).” Rachel Nuwer

<https://www.nytimes.com/2019/09/24/science/cats-humans-bonding.html>

September 23, 2019

Newsweek

“Cats get attached to their owners in the same way dogs and children do.” Kashmira Gander

<https://www.newsweek.com/cats-form-secure-attachments-owners-1460689>

September 19, 2019

Slate

“My cat won’t stop bringing me the small animals she’s killed.” Nick Greene

<https://slate.com/human-interest/2019/09/cat-kills-animals-hunting-gifts-pet-advice.html>

July 29, 2019

The Atlantic

“An offbeat approach to bonding with cats.” David A. Graham

<https://www.theatlantic.com/science/archive/2019/07/does-my-cat-want-me-lick-her-back/594988/>

July 24, 2019

Gothamist

“The squirrels have a hot tip for you & it’s called heat dumping.” Claire Lampen

<https://gothamist.com/arts-entertainment/the-squirrels-have-a-hot-tip-for-you-its-called-heat-dumping>

June 27, 2019

Slate

“My cat tries to escape whenever I open the door.” Nick Greene

<https://slate.com/human-interest/2019/06/cat-escape-outdoors-pet-advice.html>

June 22, 2019

New York Times

“Does Fluffy really want to be an adventure cat?” Wudan Yan

<https://www.nytimes.com/2019/06/22/science/cats-leashes-training.html>

June 7, 2019

Science Friday

“The secret life of pets.” Ira Flatow

<https://www.sciencefriday.com/segments/now-playing-the-real-secret-life-of-pets/>

June 3, 2019

Fox News Rundown Podcast

<https://www.foxnews.com/entertainment/today-on-fox-news-june-3-2019>

April 4, 2019

Gizmodo

“Scientists talked to cats to figure out if they know their own names.” George Dvorsky

<https://gizmodo.com/scientists-talked-to-cats-to-figure-out-if-they-know-th-1833785466>

March 27, 2019

Mercury News

“New study says cats should work for their food.” Joan Morris

<https://www.mercurynews.com/2019/03/27/new-study-says-cats-should-work-for-their-food/>

March 14, 2019

Slate

“I’m moving cross-country with a cat. Should we fly or drive?” Nick Greene

<https://slate.com/human-interest/2019/03/cat-moving-cross-country-flying-driving-tsa-pet-advice.html>

February 22, 2019

The Atlantic

“Why we think cats are psychopaths.” Sarah Zhang

<https://www.theatlantic.com/science/archive/2019/02/cat-psychopaths/583192/>

January 16, 2019

Washington Post

“If you think cats are antisocial, maybe it’s you, scientists find.” Karin Brulliard

[https://www.washingtonpost.com/science/2019/01/16/if-you-think-cats-are-antisocial-maybe-its-you-scientists-find/?utm\\_term=.ad4a3aae08c9](https://www.washingtonpost.com/science/2019/01/16/if-you-think-cats-are-antisocial-maybe-its-you-scientists-find/?utm_term=.ad4a3aae08c9)

January 8, 2019

Oologies Podcast

“Felineology.” Alie Ward

<https://www.alieward.com/ologies/felinology>

December 18, 2018

Slate

“There’s no joy in our world when my daughter’s cat visits.” Nick Greene

<https://slate.com/human-interest/2018/12/cats-fighting-relationships-holidays-pet-sitting.html>

December, 2018

California Magazine

“Go play! You can read this later.” Barry Bergman

<https://alumni.berkeley.edu/california-magazine/winter-2018-play/go-play-you-can-read-this-later>

December, 2018

“Bringing up Baby: Raising a kitten to be a great cat.” Joelle Renstrom

Inside Your Cat's Mind 2018, Centennial Publications

November 17, 2018

Live Science

“How do squirrels remember where they buried their nuts?” Emma Bryce

<https://www.livescience.com/64104-how-do-squirrels-find-buried-nuts.html>

November 14, 2018

Quartz

“In the autumn, squirrels think about nuts so much that it may make their brains bigger.”

<https://qz.com/1462091/how-do-squirrels-find-their-nuts-in-the-winter/>

November 6, 2018

Slate

“My cat has an eating disorder. What should I do?” Nick Greene

<https://slate.com/human-interest/2018/11/cat-eats-clothes-stop-advice.html>

November 2018

PBS Nature

“A squirrel’s guide to success.”

<http://www.pbs.org/wnet/nature/a-squirrels-guide-to-success-about/16641/>

September 11, 2018

KQED: Deep Look

“How kittens go from clueless to cute.” Gabriela Quiros.

<https://www.kqed.org/science/1930803/how-kittens-go-from-clueless-to-cute>

September 3, 2018

Gizmodo

“Does your cat actually hate you?” Daniel Kolitz

<https://gizmodo.com/does-your-cat-actually-hate-you-1828743335?platform=hootsuite>

July 19, 2018

Huffington Post

“How the ‘Cat Lady’ trope came to be.” Kristen Adaway

[https://www.huffingtonpost.ca/entry/how-cat-lady-trope-came-to-be\\_us\\_5b366690e4b08c3a8f69fe8f?](https://www.huffingtonpost.ca/entry/how-cat-lady-trope-came-to-be_us_5b366690e4b08c3a8f69fe8f?)

July 16, 2018

Mental Floss

“10 science-backed tips for getting a cat to like you.”

<http://mentalfloss.com/article/549585/science-backed-tips-for-getting-a-cat-to-like-you>

June 2018

BBC Two Natural World

“The super squirrels.”

<https://www.bbc.co.uk/programmes/b0b7jdpw>

May 17, 2018

National Geographic

“Why you're probably training your cat all wrong.” Linda Lombardi

<https://news.nationalgeographic.com/2018/05/animals-cats-training-pets/>

April 11, 2018

Inverse

“Why cats do the "slow blink" at their owners.” Rae Paoletta

<https://www.inverse.com/article/43553-why-cats-slow-blink-humans-science-explains>

April 9, 2018

Mercury News

“UC Berkeley research shows squirrel behavior is not so nutty.” Laura Shields

<https://www.mercurynews.com/2018/04/09/uc-berkeley-research-shows-squirrel-behavior-is-not-so-nutty/>

March 22, 2018

Psychology Today

“Do children with cats have more mental health problems?” Hal Herzog

<https://www.psychologytoday.com/us/blog/animals-and-us/201803/do-children-cats-have-more-mental-health-problems>

March 14, 2018

Catster

“What are cats scared of? 6 things cats are scared of and how to help them overcome those fears.” Denise LeBeau

<http://www.catster.com/cat-behavior/what-are-cats-scared-of-top-things-cats-are-scared-of-and-how-to-help>

March 12, 2018

Inverse

“Why cats knock everything over, according to science.” Rae Paoletta

<https://www.inverse.com/article/42180-why-do-cats-knock-everything-over-science-explains>

January 17, 2018

Mental Floss

“What makes a cat's tail puff up when it's scared?” Kirstin Fawcett

<http://mentalfloss.com/article/524452/what-makes-cats-tail-puff-when-its-scared>

December 24, 2017

Inverse

“Why cats love destroying Christmas trees, according to science.” Rae Paoletta

<https://www.inverse.com/article/39718-why-cats-like-christmas-trees-science>

December 19, 2017

Inverse

“Why your cat runs around at night like a maniac, according to science.” Rae Paoletta

<https://www.inverse.com/article/39459-why-does-my-cat-run-around-at-night-according-to-science>

December 5, 2017

Inverse

“Why cats show you their butt, according to science.” Rae Paoletta

<https://www.inverse.com/article/39065-why-cats-show-you-butt-science>

December 1, 2017

Scientific American

“Squirrels can store the same kinds of nuts in specific groupings.” Steve Mirsky

<https://www.scientificamerican.com/article/squirrels-can-store-the-same-kinds-of-nuts-in-specific-groupings/>

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Inverse

“Why cats follow you to the bathroom, according to science.” Rae Paoletta

<https://www.inverse.com/article/38778-why-do-cats-follow-you-to-bathroom>

November 26, 2017

Catster

“What is a Cat Kiss?” Denise LeBeau

<http://www.catster.com/cat-behavior/what-is-a-cat-kiss>

November 8, 2017

Inverse

“Why cats love boxes, according to science.” Rae Paoletta

<https://www.inverse.com/article/38257-why-do-cats-like-boxes>



October 6, 2017

The Atlantic

“Squirrels sort their nuts like you sort your fridge.” Veronique Greenwood

<https://www.theatlantic.com/science/archive/2017/10/nuts-4-nuts/542286/>

September 22, 2017

The Daily Californian

“Squirrels organize their favorite nuts by type, UC Berkeley researchers find.” Anjali Shrivastava

<http://www.dailycal.org/2017/09/22/squirrels-organize-favorite-nuts-type-uc-berkeley-researchers-find/>

September 7, 2017

Mental Floss

“Why are cats afraid of cucumbers?” Kirstin Fawcett

<http://mentalfloss.com/article/503775/why-are-cats-afraid-cucumbers>

June 2017

Paw Culture

“Why do cats love small spaces?” Teresa Traverse

<http://www.pawculture.com/tips-advice/cat-behavior/why-do-cats-love-small-spaces/>

April 25, 2017

Mother Nature Network

“How to mess with your cat by drawing a square.” Mary Jo DiLonardo

<http://www.mnn.com/family/pets/stories/cat-square-trick>

April 10, 2017

Live Science

“How much do cats and dogs remember?” Laura Geggel,

<http://www.livescience.com/58602-do-cats-dogs-have-long-term-memories.html>

April 5, 2017

The Conscious Cat

“Interview with Cat Behaviorist Mikel Delgado.” Ingrid King

<http://consciouscat.net/2017/04/05/interview-cat-behaviorist-mikel-delgado/>

March 29, 2017

KCRW Radio, Interview by Madeleine Brand

“UC Berkeley scientist finds meaning in the nut-gathering habits of squirrels.”

<https://www.kcrw.com/news-culture/shows/press-play-with-madeleine-brand/who-will-build-trumps-wall#seg-uc-berkeley-scientist-finds-meaning-in-the-nut-gathering-habits-of-squirrels>

March 28, 2017

Los Angeles Times

“Going nuts for squirrels at UC Berkeley's animal cognition lab.” Teresa Watanabe

<http://www.latimes.com/local/lanow/la-me-uc-berkeley-squirrels-20170326-story.html>

December 14, 2016

Washington Post

“Squirrels have declared war on Christmas.” Karin Brulliard

[https://www.washingtonpost.com/news/animalia/wp/2016/12/14/squirrels-have-declared-war-on-christmas/?postshare=811481750331919&tid=ss\\_tw&utm\\_term=.e7b2f022801d](https://www.washingtonpost.com/news/animalia/wp/2016/12/14/squirrels-have-declared-war-on-christmas/?postshare=811481750331919&tid=ss_tw&utm_term=.e7b2f022801d)

December 12, 2016

Scientific American

“How to enrich cats' lives: Food puzzles for cats.” Felicity Muth

<https://blogs.scientificamerican.com/not-bad-science/how-to-enrich-cats-lives-food-puzzles-for-cats/>

November 11, 2016

David Feldman Show Podcast

“Cats! Cats! Cats!”

<http://davidfeldmanshow.com/cats-cats-cats/>

Cuteness.com

“Do cats and dogs know when I’m on my period?” and “Do dogs and cats know when you're having sex?” Allegra Ringo

<https://www.cuteness.com/blog/content/do-cats-and-dogs-know-when-im-on-my-period>

<https://www.cuteness.com/blog/content/do-dogs-and-cats-know-when-youre-having-sex>

October 27, 2016

Berkeley News

“Nuts about squirrels: A Q&A with Mikel Delgado.” Gretchen Kell

<http://news.berkeley.edu/2016/10/27/nuts-about-squirrels-a-qa-with-mikel-delgado/>

October 25, 2016

Washington Post

“How to keep your cat from losing its mind.” Karin Brulliard

<https://www.washingtonpost.com/news/animalia/wp/2016/10/25/how-to-keep-your-cat-from-losing-its-mind/>

September 27, 2016

Newsweek

“How to prevent your cat from getting bored and fat.” Jessica Firger

<http://www.newsweek.com/2016/10/07/heres-how-prevent-your-cat-getting-bored-and-fat-503053.html>

September 23, 2016

Campus Movie Fest, Jury Award

“Campus pets: The squirrels of UC Berkeley.” Abby Jackson-Gain

<http://www.campusmoviefest.com/movies/50048-campus-pets-the-squirrels-of-uc-berkeley>

September 21, 2016

PBS Newshour

“What squirrels can teach humans about frustration.” Gabriela Quiros

<http://www.pbs.org/newshour/rundown/squirrels-frustration-humans/>

September 20, 2016

KQED: Deep Look

“Watch these frustrated squirrels go nuts.” Gabriela Quiros

<https://www.kqed.org/science/2016/09/20/watch-these-frustrated-squirrels-go-nuts/>

September 18, 2016

Sarasota News Radio

Pet Buzz Radio, Charlotte Reed

Interview about using food puzzles with cats

<http://sarasotanewsradio.iheart.com/media/play/27325031/>

September 9, 2016

Live Science

“Who knew? Cats like to work for their food.” Laura Geggel

<http://www.livescience.com/56033-food-puzzles-help-cats-thrive.html>

August 29, 2016

KGO Radio, San Francisco

On air appearance with Ronn Owens, answering caller questions about cats

<http://www.kgoradio.com/2016/08/29/ronn-owens-cat-and-dog-behaviorists/>

July 20, 2016

New York Magazine

“Are pets as happy as their owners think they are?” Melissa Dahl

<http://nymag.com/scienceofus/2016/07/ethics-of-pet-keeping.html>

June 17, 2016

Huffington Post

“Wait, do cats really understand physics? That’s what a new study claims, but some cat experts are skeptical.” Hilary Hanson

[http://www.huffingtonpost.com/entry/cats-understand-physics-study\\_us\\_5764351de4b0fbbc8bea4108](http://www.huffingtonpost.com/entry/cats-understand-physics-study_us_5764351de4b0fbbc8bea4108)

May 22, 2016

KCBS Radio, San Francisco

Radio interview with Jeff Bell, about publication “Inaccessibility of reinforcement increases persistence and signaling behavior in the fox squirrel, *Sciurus niger*.”

May 12, 2016

Slate

“The secret language of campus squirrels: Berkeley researchers read the body language of a twitchy, anxious mammal.” Rachel Gross

[http://www.slate.com/articles/health\\_and\\_science/science/2016/05/squirrels\\_express\\_frustration\\_by\\_twitching\\_their\\_tails\\_researchers\\_say.html](http://www.slate.com/articles/health_and_science/science/2016/05/squirrels_express_frustration_by_twitching_their_tails_researchers_say.html)

April 5, 2016

“Unseen city: The majesty of pigeons, the discreet charm of snails & other wonders of the urban wilderness.” Nathanael Johnson

Publisher: Rodale Books

April 4, 2016

Washington Post

“I trained my cat to cuddle with me. Is his love real?” Sadie Dingfelder

<https://www.washingtonpost.com/news/animalia/wp/2016/04/04/i-trained-my-cat-to-cuddle-with-me-is-his-love-real/>

March 30, 2016

Tails Pet Magazine

“The science behind why cat videos make us happy.” Laura Drucker

<http://www.tailsinc.com/2016/03/the-science-behind-why-cat-videos-make-us-happy/>

March 1, 2016

Atlas Obscura

“How to speak cat.” Dan Nosowitz

<http://www.atlasobscura.com/articles/how-to-speak-cat>

January 26, 2016

The ShoKo Show Blog

“The benefits of clicker training your cat.” Rob Moore

<http://www.theshokoshow.com/clicker-training-your-cat/>

November 5, 2015

Huffington Post

“No, a study did not find that your cat wants to kill you.” Hilary Hanson

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October 26, 2015

Huffington Post

“Some cat colors linked to aggression, but don't base your pet choice on it.” Hilary Hanson

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October 15, 2015

BBC News

“Is a cafe full of cats the cure for stressed-out workers?” Peter Bowes

<http://www.bbc.com/capital/story/20151014-the-latest-craze-for-stressed-out-workers-is-grumpy-cat-approved>

September 8, 2015

CNN News

“This is what your cat is really trying to say.” Melissa Dahl

<http://www.cnn.com/2015/09/08/health/what-your-cat-is-trying-to-say/>

September 3, 2015

Care.com

“How long do cats sleep?” Erica Loop

<https://www.care.com/a/how-long-do-cats-sleep-20150928013032>

August 13, 2015

Atlas Obscura

“Is a squirrel smarter than a fifth grader?” Dan Nosowitz

<http://www.atlasobscura.com/articles/is-a-squirrel-smarter-than-a-fifthgrader>

July 27, 2015

Minnesota Public Radio/Southern California Public Radio

“Brains On - Cats: Glowing eyes, puffy tails and secret purrs.” Molly Bloom

<http://www.brainson.org/cats-glowing-eyes-puffy-tails-and-secret-purrs/>

June 15, 2015

New York Times

“After blackout in California, a squirrel seems too convenient a scapegoat.” Ronnie Cohen

<http://www.nytimes.com/2015/06/16/us/after-blackout-in-california-a-squirrel-seems-too-convenient-a-scapegoat.html>

April 29, 2015

New York Magazine

“Your cat is trying to talk to you.” Melissa Dahl

<http://nymag.com/scienceofus/2015/04/your-cat-is-trying-to-talk-to-you.html#>

March, 2015

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“Real-Life cat burglar.” Kitson Jazyinka

March 1, 2015

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“Are you a dog person or a cat person?” Benton Cheung

<https://soundcloud.com/sciencetoday/pets>

January 20, 2015

The Dodo

“Attention pet owner: Being neurotic is a good thing.” Ben Guarino

<https://www.thedodo.com/helicopter-parenting-pets-943109416.html>

January 19, 2015

PetziBlog

“Berkeley Study: Helicopter Parenting and Cat Ladies are the best for their pets! (and a little interview with the authors behind it).” Anna Muggiati

<http://petzila.blogspot.com/2015/01/berkeley-study-helicopter-parenting-and.html>

January 16, 2015

KGO radio

Radio interview with Lesley Brinkley about publication “Are emotionally attached companion animal caregivers conscientious and neurotic? Factors that affect the human–companion animal relationship.”

December 4, 2014

Quartz

“There’s science behind your inexplicably close relationship with your cat.” Gwynn Guilford

<http://qz.com/304236/theres-science-behind-your-inexplicably-close-relationship-with-your-cat/>

October 31, 2014

California Magazine

“A feline first: Welcome, would-be adopters, to the nation’s first cat café.” Kate McFinley

<http://alumni.berkeley.edu/california-magazine/just-in/2014-10-31/feline-first-welcome-would-be-adopters-nations-first-cat-caf>

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“Cats and Babies: 13 Steps for successful introductions.” Shana Lear.

April 24, 2014

The Daily Californian

“Research correlates animal self-control with brain size.” Sahil Chinoy.

<http://www.dailycal.org/2014/04/24/research-correlates-animal-self-control-brain-size/>

March 12, 2014

PBS Next Avenue

“Why you should adopt a senior cat.” Donna Jackal

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March 2013

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